



FEDERAL BENEFITS WORKSHOP TOPICS

FEDERAL BENEFITS 101

- WHY & WHAT FEDERAL EMPLOYEES NEED TO PLAN FOR
- Basic options for insurance
- How to calculate my pension
- RETIREMENT ELIGIBILITY GUIDELINES
- COMMON MISTAKES MADE IN THE TSP

PRE-RETIREMENT PLANNING FOR FEDERAL EMPLOYEES

- STATES THAT DON'T TAX FEDERAL PENSIONS
- JUMPSTART SURVIVOR BENEFITS
- How to calculate FERS/CSRS PENSION BENEFITS
- ROTH & CATCH-UP TSP
- HEALTH INSURANCE FOR SPOUSE AND FAMILY
- SOCIAL SECURITY WINDFALL ELIMINATION, SUPPLEMENT, AND INTEGRATION

PUBLIC SERVICE STUDENT LOAN FORGIVENESS PROGRAM

- How to qualify for the program
- WHAT IS QUALIFYING EMPLOYMENT?
- THE TYPES OF FEDERAL LOANS THAT QUALIFY
- REPAYMENT PLANS
- REPAYMENT PLANS
- How to apply

FEDERAL INSURANCE PROGRAMS UNRAYELED

- OASDI
- MEDICARE
- FEHBP
- MEDICAID
- FLTCIP
- FEGLI
- SOCIAL SECURITY SUPPLEMENT

FEDERAL LEAVE & EARNINGS STATEMENTS

- HOW TO INTERPRET YOUR STATEMENT LINE-BY-LINE
- SELECTING THE PROPER OPTIONS FOR BENEFITS
- Managing your tax withholdings
- WHERE DOES ALL MY MONEY GO?
- HIDDEN OPPORTUNITIES WITHIN YOUR PAYCHECK
- DISABILITY AND SOCIAL SECURITY

ESTATE PLANNING

- DEALING WITH DEATH AND ESTATE TAXES
- WILLS AND TRUSTS
- PROBATE AND YOUR ESTATE
- CHOOSING AN EXECUTOR
- LIFETIME GIVING EXCLUSION
- UNLIMITED MARITAL DEDUCTION
- TAX-FREE INHERITANCE





FEDERAL BENEFITS WORKSHOP TOPICS

FEDERAL BENEFITS BEST KEPT SECRETS

- MACRO MANAGER
- FERS/CSRS
- RULES OF THE GAME
- FEGLI/FLTCIP/LTD
- PENSION AND SBP
- TAXES AND EXIT STRATEGIES

FEHB. TRICARE & MEDICARE

- DIFFERENCES BETWEEN MEDICARE, FEHB AND TRICARE
- DIFFERENT PARTS OF MEDICARE
- MEDICARE FOR RETIREES
- MEDICARE ENROLLMENT
- FEHB Suspension

RETIREMENT PLANNING FOR FEDERAL EMPLOYEES

- RULES OF THE GAME (PENSION CALCULATIONS, RETIREMENT ELIGIBILITY AND TSP)
- TAXES IN RETIREMENT
- BACKDOOR ROTH IRA STRATEGY
- TSP AND IRA ALLOCATIONS, LOANS AND ROLLOVERS
- PROTECTION COMPONENTS
- EXIT STRATEGIES
- CSRS VCP Roth conversion

CALCULATIONS, EXAMPLES AND **PROJECTIONS FOR FEDERAL EMPLOYEES**

- CSRS/FERS PENSIONS AND CALCULATIONS
- Social Security Calculator
- TSP/IRA WITHDRAWAL CALCULATOR
- TAX ANALYSIS PROJECTIONS

NET VS GROSS

SOCIAL SECURITY 101

- UNDERSTANDING THE BASICS OF SOCIAL SECURITY
- How to optimize your benefits
- ADVANTAGES OF APPLYING AFTER FULL RETIREMENT AGE
- How are your benefits calculated?
- How cost-of-living adjustments AFFECT YOUR SOCIAL SECURITY

IRA, TSP, & 401K ROLLOVERS

- CONSOLIDATING ASSETS
- IRS SECTION 525
- ACCESSING YOUR RETIREMENT **ACCOUNTS FOR CURRENT NEEDS**
- SAVING/AVOIDING TAXES
- LEAVING IRAS BEHIND/STRETCH IRA

TAXES & THE IRS

- Do I NEED A TAX ADVISOR
- TAX AVOIDANCE
- TAX-DEFERRAL VS. TAX DEDUCTIBLE VS. TAX
- WHY YOU SHOULDN'T WAIT TO GET YOUR **REFUND**

UNDERSTANDING YOUR TSP

- ELIGIBILITY AND LIMITS
- ALLOCATION OPTIONS
- ROTH VS. TRADITIONAL
- RETIREMENT DISTRIBUTIONS
- TSP Modernization Act
- WHEN ROLLOVERS AND LOANS MAKE SENSE

TAXABLE INCOME TODAY COMPARED TO TAXABLE INCOME PROJECTED IN RETIREMENT